



Spring the Chi, Let it Bloom

A T'ai Chi Chih® Workshop

Led by: **Dan Pienciak**

Come and join us in this special event with *the cherry blossom festivity*
A workshop to deepen your understanding and practice of T'ai Chi Chih

At Langley Hill Friends Meeting
6410 Georgetown Pike, McLean
VA 22101

Saturday, March 27, 2010

9:00 AM - 4:30 PM

Cost: **\$75/person**

All are welcome who already know the T'ai Chi chih movements

REGISTER NOW

Daniel Pienciak has been an accredited instructor and teaching T'ai Chi Chih full time since 1997. He has been facilitating workshops and events since 1999 in the northeast area. He has studied with the Originator, Justin Stone, and was accredited with Mr. Stone to teach Seijaku in 1998. He founded the *Awakening Journeys Wellness Center* in Bradley Beach NJ in 1997. He works in various body energy modalities as well as teaching T'ai Chi Chih and Seijaku.

This workshop is intended to people who already know the T'ai Chi Chih movements.

Light snacks and beverages will be provided throughout the day.

For questions or information, contact **Hosts:**

John Smallwood <johnsmallwood@aol.com> - 301-633-8261
or Agus Wong <fadoli@gmail.com> - 202-460-1544

Registration: due by **Mar 15, 2010** please fill up the form below and mail it with your payment.

Payment: send \$75 check payable to "**John Smallwood - 5109 Worthington Dr, Bethesda, MD 20816**"

You can bring your own lunch *or* with an additional cost, join for a Pizza lunch.



Spring the Chi, Let it Bloom – A T'ai Chi Chih Workshop Registration form

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

e-mail: _____ Student/Teacher: S / T (circle one)

Phone: _____ Cellphone: _____

Lunch: Bring my own Pizza Lunch (check one).

